

Out of Hours Contacts

Out of Hours Help

Social Services Emergency Duty Team 01422 288000 (Calderdale Council emergency out of hours team). They can help you with any social care issue, for example if you are homeless, or suffering from violence or abuse.

Calderdale Staying Safe 0808 2000 247 (National Domestic Violence 24 hour Helpline)

Police 999 for emergencies. 101 for non-emergencies.

24 Hour Helpline Numbers

Drink and Drug Problems

Alcoholics Anonymous 0800 917 7650

FRANK - Drugs Helpline 0300 123 6600

Counselling

Childline 0800 1111

Shout - 24/7 free service. Not coping? Text Shout to 85258 (Mon & Weds, 9am-8pm. Tue, Thurs & Fri, 9am-5pm)

Samaritans 116 123 or 01422 349349 (local number)

The Hazlehurst Centre Sexual Assault Referral Centre 0330 223 0099 (24 hour call centre)

Kirklees and Calderdale RASAC - rape and sexual abuse counselling centre 01484 450040

Rape Crisis England and Wales (freephone) 0808 802 9999 (open 12noon-2.30pm and 7pm-9.30pm daily)

Health and Relationships

NHS non-emergency number 111

Switchboard LGBT Helpline 0300 330 0630 (10am-10pm)

Sexual Health Helpline 0300 123 7123

Domestic Violence Helpline (Women) 0808 200 0247

Men's Advice Line (Domestic Violence) 0808 801 0327

(Mon & Weds, 9am-8pm. Tue, Thurs & Fri, 9am-5pm)